



**St. Benedict's Hospice**  
& Centre for Specialist Palliative Care



End of Life Care

Training Programme 2018

*Available to Care Home Staff*

To book a place on any of the sessions please email

[StBen.EducationBookings2@stft.nhs.uk](mailto:StBen.EducationBookings2@stft.nhs.uk)

For further information email:

**Gail White, Education & Development Lead**

Please note lunch **will not** be provided on any of the training. The Hospice café is available to purchase sandwiches and light lunches.

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# Management & Use of Subcutaneous Fluids in Palliative Care Patients

## Target Group:

Registered General Nursing and Medical staff

## Session Aim:

To raise an awareness of current issues in the use and management of subcutaneous fluids in palliative care patients.

## Session Outcomes:

By the end of the session, participants will have:

- Identified and discussed challenges in the use of artificial hydration in palliative care patients.
- Identified the importance of effective, patient centred, multidisciplinary teamwork in relation to hydration in palliative care patients.
- Follow the correct procedures for the erection of sub-cutaneous fluids.

## Date

## Time

06 June 2018

09.30 am – 12:30 pm

09 November 2018

09.30 am – 12:30 pm

All sessions are delivered at: St Benedict's Hospice & Centre for Specialist Palliative care, St Benedict's Way, Ryhope, SR2 0NY

**Cost £60 per person**

To book a place please contact: [StBen.EducationBookings2@stft.nhs.uk](mailto:StBen.EducationBookings2@stft.nhs.uk)

# McKinley T34 Syringe Driver Training

## Target Group:

- Qualified nursing staff who use a McKinley T34 as part of their role

## Session Outcomes:

By the end of the session, participants will be able to:

- Describe what a syringe driver is and the clinical reasons for its use.
- Identify the key features of the T34 and demonstrate knowledge of their function.
- Demonstrate how to load a syringe in the T34 and programme the T34 to deliver the contents of the syringe.
- Explain how to troubleshoot and resolve alarm problems. Describe the care and maintenance of the syringe pump.
- Discuss the common drugs used in a McKinley and the reasons for their use.

<u>Date</u>	<u>Time</u>
18 April 2018	09.30 am – 12:30 pm – fully booked
07 June 2018	09.30 am – 12:30 pm
04 September 2018	12:00 pm – 15:00 am – fully booked
14 November 2018	09.30 am – 12:30 pm
06 February 2018	13.00 pm – 16.00 pm

All sessions are delivered at: St Benedict's Hospice & Centre for Specialist Palliative care, St Benedict's Way, Ryhope, SR2 0NY

**Cost £60 per person**

To book a place please contact: [StBen.EducationBookings2@stft.nhs.uk](mailto:StBen.EducationBookings2@stft.nhs.uk)

# **Palliative Care Foundation Course (3 day)**

## **Target Group**

Qualified nurses working in care homes and the independent home care sector

## **Session Aim:**

To introduce the key principles of palliative and end of life care

## **Session Outcomes:**

By the end of the session participants will be able to:

- Holistically assess and manage care for palliative and end of life patients
- Clarify palliative care and end of life care
- Assess pain and manage symptoms
- Demonstrate communication skills
- Identify the importance of spiritual and psychological support
- Deliver care for dying patients
- Deliver bereavement support

## **Dates**

## **Time**

03 October 2018

09:15 am – 16:30 pm

10 October 2018

09:15 am – 16:30 pm

17 October 2018

09:15 am – 16:30 pm

**Please note attendance at all 3 days is essential.**

Please note, lunch will not be provided.

**Cost £250 per person**

To book a place please contact: [StBen.EducationBookings2@stft.nhs.uk](mailto:StBen.EducationBookings2@stft.nhs.uk)

# **Sage & Thyme Level 1 Communication Skills**

## **Target Group:**

Frontline staff who may come across distressed patients on a regular basis.

Although this training is supported by Macmillan it is relevant to all staff who deal with patients as part of their day to day work regardless of the patient's condition or setting of care.

## **Aim:**

To provide staff at all levels with the tools to carry out Level 1 psychological assessment whilst providing support to distressed patients.

## **Objectives:**

By the end of the course participants will be able to:

- Recognise psychological needs of patients
- Communicate with the patient and provide general psychological support by using a framework for discussion

The Sage & Thyme foundation level workshop teaches:

A memorable structured approach for getting into and out of a conversation

How to empower patients / carers who are worried or distressed

Communication skills that are evidenced based

## **Date**

## **Time**

18 May 2018

9.30 – 12.30

27 June 2018

9.30 – 12.30

25 October 2018

9.30 – 12.30

**All sessions are delivered at:** St Benedict's Hospice & Centre for Specialist Palliative care, St Benedict's Way, Ryhope, SR2 0NY

## **Cost: free**

**(Please note there will be a £60.00 fee for non-attendance or cancellations within 48 hours prior to the start of the course)**

To book a place please contact: [StBen.EducationBookings2@stft.nhs.uk](mailto:StBen.EducationBookings2@stft.nhs.uk)

# Verification of Death

## Target Group:

Qualified Nursing staff who will verify death as part of their role.

## Session Outcomes:

By the end of the session, participants will be able to:

- Understand the theoretical component of verification of expected adult death training incorporating clinical signs of death.
- Know how to apply knowledge and skills gained from the session to verify an expected death in the community setting.
- Know how to progress onto competency assessment from the session.
- Understand how to complete the verification of expected adult death competency workbook.
- Coordinate observational practice from a professional qualified to sign of individual competence.

## Date

## Time

18 April 2018

13.00 pm – 15:00 pm

04 September 2018

09:00 am – 11:00 am

14 November 2018

13.00 pm – 15.00 pm

06 February 2018

10.00 am – 12.00 pm

**Cost £40 per person**

To book a place please contact: [StBen.EducationBookings2@stft.nhs.uk](mailto:StBen.EducationBookings2@stft.nhs.uk)





**St. Benedict's Hospice**  
& Centre for Specialist  
Palliative Care

**We have moved...**



**On June 8th St. Benedict's Hospice moved to a new purpose-built adult Hospice and Centre for Palliative Care in Ryhope.**

**St. Benedict's Hospice  
& Centre for Specialist Palliative Care  
St Benedicts Way, Sunderland, SR2 0NY.  
Tel: 0191 512 8400  
Fax: 0191 523 7868**



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## How to get here

St Benedict's Hospice and  
Centre for Specialist Palliative Care  
Located:

St Benedicts Way  
Sunderland  
SR2 0NY

Phone number:  
Main Reception 0191 5128400  
In patient unit 0191 5128424

Website: [www.hospice.co.uk](http://www.hospice.co.uk)

Bus Services  
Go North East 60 and 61  
([simplygo.com](http://simplygo.com))  
Arriva 24 and 24X  
([arrivabus.co.uk](http://arrivabus.co.uk))

