



St. Benedict's Hospice & Centre for Specialist Palliative Care



PALLIATIVE AND END OF LIFE CARE EDUCATION COURSE PROSPECTUS

2018/19

Helping you make a difference

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All training is delivered at:

St Benedict's Hospice & Centre for Centre for Specialist Palliative Care

St Benedict's Way

Sunderland

Tyne & Wear

SR2 ONY

COMMUNICATION SKILLS TRAINING

How to communicate with the Dying Patient & their Relatives

(1/2 day)

Objectives

At the end of the session participants will be able to:

- Identify and discuss challenges in communicating with the dying person and their relatives.
- Demonstrate the relevant specific communication skills and behaviours required for effective communication when dealing with a dying person.

Intended Audience

Qualified clinical staff who have regular contact with patients who are dying

Please note:

There is an expectation that all staff will have an awareness of the Five Priorities for Care of the Dying Person prior to attending this course. This course can be utilised as supporting evidence for revalidation with the NMC.

Date	Time	Facilitator/s
4 May 2018	09:00-12:30	Louise Watson / Julie Lamb
21 September 2018	09:00-12:30	Louise Watson / Julie Lamb
22 November 2018	09:00-12:30	Louise Watson / Julie Lamb

To Book:

Places can be booked either via OLM self-service or through their OLM Super User

COMMUNICATION SKILLS TRAINING

Initiating an advance care planning conversation

(Full Day)

Objectives

At the end of this session participants will be able to:

- Identify and discuss challenges in relation to initiating and undertaking an advance care planning conversation.
- Demonstrate the relevant specific communication skills and behaviours required when undertaking advance care planning conversations.

Intended Audience

Qualified Clinical Staff who have regular patient contact

Please note:

There is an expectation that all staff will have an awareness of the Five Priorities for Care of the Dying Person prior to attending this course. This course can be utilised as supporting evidence for revalidation with the NMC.

Date	Time	Facilitator/s
9 May 2018	09:00-16:00	Louise Watson / Julie Lamb
12 September 2018	09:00-16:00	Louise Watson / Julie Lamb
16 November 2018	09:00-16:00	Louise Watson / Julie Lamb

To Book:

Places can be booked either via OLM self-service or through their OLM Super User

COMMUNICATION SKILLS TRAINING

Enhanced Communication Skills Training

(2 day)

Objectives

At the end of the session participants will be able to:

- Identify & discuss challenges in communicating with patients, families and carers.
- Demonstrate the relevant specific communication skills and behaviours required for effective communication.
- Demonstrate an understanding and the application of a model for communication.

Intended Audience

Qualified Clinical Staff who have regular patient contact

Please note:

There is an expectation that all staff will actively participate and engage within the sessions to enhance personal development. This is a two day course and delegates are expected to attend both days. This course can be utilised as supporting evidence for revalidation with the NMC.

Date	Time	Facilitator/s
30 & 31 May 2018	09:00-16:00 Both days	Louise Watson / Julie Lamb
6 & 7 September 2018	09:00-16:00 Both days	Louise Watson / Julie Lamb FULL
7 & 8 November 2018	09:00-16:00 Both days	Louise Watson / Julie Lamb FULL

To Book:

Places can be booked either via OLM self-service or through their OLM Super User
(Course numbers are purposefully limited to small groups therefore any failure to attend may jeopardise the course proceeding)

A penalty charge of £400 will be incurred for non-attendance

Management and Use of Subcutaneous Fluids in Palliative Care Patients (1/2 day)

To raise awareness of current issues in the use and management of subcutaneous fluids in palliative care patients

Objectives

At the end of the session participants will be able to:

- Identify and discuss challenges in the use of artificial hydration in palliative care patients
- Identify the importance of effective, patient centred, multidisciplinary teamwork in relation to hydration in palliative care patients
- Follow the correct procedures for the erection of sub-cutaneous fluids

Intended Audience

Registered General Nurses, Medical staff

Date	Time	Facilitator/s
6 June 2018	09:30-12:30	Julie Lamb
9 November 2018	09:00-12:30	Julie Lamb

To Book:

Places can be booked either via OLM self-service or through their OLM Super User

McKinley Syringe Driver Training

(2 hour session)

Objectives

By the end of the session, participants will be able to:-

- Describe what a syringe driver is and the clinical reasons for it's use.
- Identify the key features of the T34 and demonstrate knowledge of their function.
- Demonstrate how to load a syringe in the T34 and programme the T34 to deliver the contents of the syringe.
- Explain how to troubleshoot and resolve alarm problems.
- Describe the care and maintenance of the syringe pump.
- Discuss the common drugs used in a McKinley and the reasons for their use.

Intended Audience

Staff Nurses in Community and Acute, New staff in post or new to using a McKinley T34 syringe driver

Date	Time	Facilitator/s
20 June 2018	09:00-11:00	Gail White
20 June 2018	11:30-13:30	Gail White
15 August 2018	09:00-11:00	Gail White
12 September 2018	09:00-11:00	Gail White
12 September 2018	11:30-13:30	Gail White
12 October 2018	09:00-11:00	Gail White
12 October 2018	11:30-13:30	Gail White
6 November 2018	09:00-11:00	Gail White
6 November 2018	11:30-13:30	Gail White

To Book:

Places can be booked either via OLM self-service or through their OLM Super User

Palliative Care Foundation Course

(6 full days)

A foundation programme to enable qualified practitioners to increase their confidence, knowledge and skill when providing services to adults with palliative and end of life care needs.

For further information please contact julie.lamb@stft.nhs.uk

Objectives

At the end of the session participants will be able to:

- To explain the philosophy of palliative care.
- To introduce the end of life strategy.
- To identify effective pain and symptom management.
- To examine what makes a good death.
- To identify and explore the challenges in practice.
- To introduce advance care planning and the need for effective communication.
- To consider the needs of carers and the bereaved.

Intended Audience

Nurses and professionals allied to medicine who deliver palliative care as part of their work.
Staff new to hospice work or working in hospital & community.

Date	Time	Facilitator/s
19,26 April & 3, 10, 17, & 24 MAY 2018	09:15-16:30 (all 6 days)	Julie Lamb
7, 14, 21, 28 June 2018 & 5, 12 July 2018	09:15-16:30 (all 6 days)	Julie Lamb
13, 20, 27 September & 4, 11& 18 October 2018	09:15-16:30 (all 6 days)	Julie Lamb FULL

To Book:

Places can be booked either via OLM self-service or through their OLM Super User.

This course is ran over 6 days and it is expected that participants will attend all days

Advances in Palliative Care Course

(3 full days)

Objectives

At the end of the session participants will be able to:

- Managing pain and complex symptoms
- End of life care for patients with long term conditions e.g. neurological, dementia, heart failure
- Prescribing in renal failure
- Communication
- Managing last days of life for patients with difficult symptoms

Intended Audience

Qualified Nursing Staff who have already completed the 6 day Palliative Care Foundation Course within the last 5 years

If attendance on the 6 day Foundation Course was not within the last 5 years participants are invited to discuss their application with the Course Lead.

This course builds on the knowledge gained within the 6 day course.

This course will contribute to CPD participatory learning as part of your NMC revalidation

Date	Time	Facilitator/s
18, 25 April and 2 May 2018	09:15-16:30 (all 3 days)	Julie Lamb
14, 21 & 28 November 2018	09:15-16:30 (all 3 days)	Julie Lamb FULL

To Book:

Staff who wish to attend are required to book through Julie Lamb, Senior Lecturer Practitioner in Palliative Care on Tel No: 0191 5128400. Please do not book onto this course via E-Learning User Access (Self Service Access) or Learning Admin Access (if a OLM Super User). Learning & Development (Course Bookings) are unable to take bookings for this course as well. Bookings must be made through the above personnel.

This course is ran over 3 days and it is expected that participants will attend all days.



Session Aim:

To provide staff at all levels with the tools to carry out Level 1 psychological assessment whilst providing support to distressed patients.

Session Outcomes:

The Sage & Thyme foundation level workshop teaches:

- A memorable structured approach for getting into and out of a conversation
- How to empower patients / carers who are worried or distressed
- Communication skills that are evidenced based

Intended Audience:

- This training is suitable for all frontline staff who may come into contact with distressed people.

Date	Time	Venue
18 May 2018	9.30 – 12.30	Education Suite St Benedict's Hospice St Benedict's Way Ryhope, Sunderland SR2 0NY
27 June 2018	9.30 – 12.30	Education Suite St Benedict's Hospice St Benedict's Way Ryhope, Sunderland SR2 0NY
25 October 2018	9.30 – 12.30	Education Suite St Benedict's Hospice St Benedict's Way Ryhope, Sunderland SR2 0NY

Please arrive at least 10 minutes before the start of the session.

PLEASE NOTE THERE WILL BE A £60 CHARGE FOR NONE ATTENDANCE

To book a place please contact:
StBen.EducationBookings2@stft.nhs.uk

Priorities for Care of the Dying Person

(Full day)

Objectives

Objectives This session will be delivered by members of the Hospice team (Doctors, nurses and education staff) with the aim of supporting further learning and development about the National 5 priorities for care of the dying person, the study day will include:

- Recognising dying
- Involving the person through sensitive communication
- Supporting the family
- Negotiating a plan of care to meet the persons needs and preferences
- Symptom management at the end of life
- Hydration and nutrition decisions
- Spiritual care

Intended Audience

District Nurses & Community Nurses

Date	Time	Facilitator/s
4 July 2018	09:00-16:30	Various members of the Multidisciplinary Team
1 November 2018	09:00-16:30	Various members of the Multidisciplinary Team
14 February 2019	09:00-16:30	Various members of the Multidisciplinary Team

To Book:

Places can be booked either via OLM self-service or through their OLM Super User

Verification of Expected Death

(1/2 day)

Following competency achievement the participants will be able to provide a continuous and less fragmented approach to care for deceased patients and their families.

Objectives

At the end of the session, participants will be able to:

- Understand the theoretical component of verification of expected adult death training incorporating clinical signs of death.
- Know how to apply knowledge and skills gained from the session to verify an expected death in the community setting.
- Progress from session to complete the verification of expected adult death competency workbook and practical observed practice.
- Following competency achievement the participants will be able to provide a continuous and less fragmented approach to care for deceased patients and their families.

Intended Audience

Community and Hospital based Qualified Health Care Professionals.

Date	Time	Facilitator/s
18 April 2018	13:00-15:00	Louise Watson
4 September 2018	09:00-11:00	Louise Watson
14 November 2018	13:00-15:00	Louise Watson
6 February 2019	10:00-12:00	Louise Watson

To Book:

Places can be booked either via OLM self-service or through their OLM Super User

An E-Learning Module for Deciding Right: The North East Regional Initiative for making decisions in advance for children, younger people and adults.

The aim of the module is to equip you with an awareness of Deciding Right: and provide information of the different outcomes related to the regional initiative which can be implemented in practice.

The learning outcomes for this module are:

- To gain a baseline awareness of Deciding Right
- To be able to identify the different Deciding Right outcomes

E-Learning module is available for ALL staff with a Caring Responsibility.



The E-Learning module is now available via the link:

<https://learning.necsu.nhs.uk/deciding-right-registration/>

Access to the module requires registration with North East Commissioning Services NECS:

- Once you've completed the registration form you will receive an email to verify the account.
- Click on the link in the email it will take you to a login page where you log in with your email address and the password you specified.
- When logged in you will be re-directed to the 'My eLearning' page where Deciding Right is listed as a module.
- Access to complete the module is here then move onto the quiz.
- Once you have completed the quiz you will have access to a certificate.

E-Learning module produced in partnership between St Benedict's Hospice and North East Commissioning Support (NECS)

Deciding Right Workshop Training

(1/2 day)

To equip all participants with a practical ability to use Deciding Right outcomes and be well-appointed with the necessary skills and ability to implement the outcomes into clinical practice

Objectives

By the end of the session participants will be able to:

- Progress from their baseline level of understanding of Deciding Right
- To be able to identify the different Deciding Right outcomes
- To be able to complete appropriate Deciding Right outcomes from a case study approach

Intended Audience

Essential Training for all Clinical Staff

Date	Time	Facilitator/s
11 May 2018	09:00-12:00	Louise Watson
10 July 2018	09:00-12:00	Louise Watson
11 September 2018	09:00-12:00	Louise Watson
04 December 2018	09:00-12:00	Louise Watson
07 February 2019	13:00-16:00	Louise Watson

To Book:

Places can be booked either via OLM self-service or through their OLM Super User

Please do not hesitate to contact us if you have any questions



Education & Development Team

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