

St Benedicts Hospice and Centre for Specialist Palliative Care



invite you to
Join in Dying Matters
“drop in” event

Monday 14th May 2018

Between 10am-4pm



“What can you do....in your community”

at

St Benedicts Hospice and Centre for Specialist Palliative Care
South Tyneside Foundation Trust
St Benedict's Way
Ryhope, Sunderland. SR2 0NY

Every year in May, Dying Matters and its coalition members host a national Awareness Week, which gives us an unparalleled opportunity to place the importance of talking about dying, death and bereavement firmly on the national agenda.

St Benedicts Hospice and partnership organisations in Sunderland and South Tyneside have been firm supporters of this campaign in recent years and for this year we would like to reach out to patients, carers, staff, volunteers and wider groups across the community, in-keeping with the theme: “**what can you do....in your community**”.

Talking about death or dying won't make it happen sooner, but not talking about it won't make it go away. Join us at St Benedict's Hospice event & find out more.

If you would like to learn more about “**What Can You Do?**” come along to the drop in event in May

There will be advice, information and interactive activities with key professionals including information from Dying Matters; Advance Care Planning; St Benedict's Hospice Fundraising; example patient journals and electronic Apps and resources for sharing life stories. Throughout the day there will be opportunity to view Dying Matters short films from the National Dying Matters Coalition and a replication of *A Death Cafe* where you can drink tea/coffee, eat cake and talk about what it is important to you in a safe and comfortable environment.

For more information call 0191 5128427 to speak to Louise Watson

For more information regarding Dying Matters go to the website: <https://www.dyingmatters.org/>

For directions how to find us at St Benedicts Hospice please see over page:

How to get here

St Benedict's Hospice and
Centre for Specialist Palliative Care
Located:

St Benedicts Way
Sunderland
SR2 0NY

Phone number:
Main Reception 0191 5128400
In patient unit 0191 5128424

Website: www.hospice.co.uk

Bus Services

Go North East 60 and 61
(simplygo.com)

Arriva 24 and 24X
(arrivabus.co.uk)

